



SUMMARY FROM THE NCAA'S GUIDE FOR THE COLLEGE BOUND ATHLETE

Sophomore Year

- You may receive general brochures for camps and questionnaires from a university.
- You may make phone calls (e-mails) to the university's coach or staff.
- The university's coach or staff may not contact you personally.
- No off-campus contact allowed by the university's coach or staff.
- No 'official' visits to the college allowed. An official visit is any visit to a college paid for by the college.
- Unlimited number of 'unofficial' visits paid for by the parents or player. The university can provide up to three tickets to a sporting event during these visits.

Junior Year

- You are eligible to receive formal recruiting materials after September 1.
- You may make phone calls to the university's coach or staff.
- The university's coach or staff may make one phone call to you during the month of March of your junior year.
- The university's coach or staff may make a maximum of one phone call a week to you after July 1 of your junior year.
- The university's coach or staff may meet with you once at your school during April of your junior year.
- The university's coach or staff may meet with you at any venue starting July 1 of your junior year.
- No official visits are allowed.
- Unlimited number of unofficial visits paid for by the parents or player. The university can provide up to three tickets to a sporting event during these visits.
- Register for the NCAA Clearinghouse at <https://www.ncaaclearinghouse.net/NCAA/common/index.html>

Senior Year

- You are eligible to receive formal recruiting materials at any time.
- You may make phone calls to the university's coach or staff.
- The university's coach or staff may make one phone call to you per week.
- The university's coach or staff may meet with you at any place or time.
- Official visits to a college are allowed beginning the date school opens.
- Official visits are limited to five universities total per athlete.
- Unlimited number of unofficial visits paid for by the parents or player. The university can provide up to three tickets to a sporting event during these visits.
- The university may come to your high school competitions and evaluate your play a maximum of seven times your senior year.
- The university may make personal contact with you a maximum of three times during your senior year.